

Learning Styles Questionnaire

People learn by either seeing (Visual learner), hearing (auditory learner) or doing (kinesthetic learner). Knowing someone's learning style is important so that you know how to teach them the best way for them to learn.

Read each group of sentences and check the one that most closely describes the person you are testing. At the end follow the instructions to discover the learning style of that person.



- 1. person prefers lessons where there is something to look at (chart, diagram, maps etc)
 - 2. person prefers lessons that include discussions
 - 3. person prefers lessons where something is done or person can move around
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- 1. person prefers to see a comic strip of a story
 - 2. person prefers to listen to a story
 - 3. person prefers to act out a story, or does not enjoy reading
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- 1. person would recognize spelling words by sight
 - 2. person would need to sound out words
 - 3. person would need to write out words to test different spellings
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- 1. handwriting is neat
 - 2. words are written lightly, words may be spoken as they are written out
 - 3. writing is heavy, hard pressed, neatness must be concentrated on
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- 1. person remembers faces but not names, things are written down to be remembered
 - 2. person remembers names but not faces, things are repeated over and over to be remembered
 - 3. person remembers best when they have participated in activity
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- 1. person would rather watch TV
 - 2. person would rather listen to music
 - 3. person would rather play

- _____ 1. person is good at drawing
- _____ 2. person is a good listener
- _____ 3. person is good at making things

- _____ 1. when inactive, the person stares, doodles or finds something to watch
- _____ 2. when inactive, the person hums or talks to self or others
- _____ 3. when inactive, the person finds reasons to move, sings feet, thumps desk, crack knuckles etc.

- _____ 1. person prefers Spot the Difference puzzles
- _____ 2. person prefers Name that Tune game
- _____ 3. person prefers "Rubik's Cube" puzzle

- _____ 1. the person's face usually reveals how they feel
- _____ 2. the person shouts with joy or anger, expresses emotions verbally
- _____ 3. the person jumps for joy or stomps when angry, expresses emotions with body movement

- _____ 1. the person is quiet, not a big talker
- _____ 2. the person can't wait to talk and likes to hear themselves talk
- _____ 3. the person gestures when speaking

- _____ 1. on a long journey, person looks at scenery or reads a book
- _____ 2. on a long journey, person listens to music or talks with others
- _____ 3. on a long journey, person can't wait to stop and get out to walk around

- _____ 1. person is distracted when something is seen out the window
- _____ 2. person is distracted when something is heard in another room
- _____ 3. person loses concentration when having to sit still for a long time

How to tell the type of learner

Add up the 1's, 2's and 3's and record the totals

_____ (1's - visual)** _____ (2's - auditory)* _____ (3's - kinesthetic)

The style with the highest number is that person's strongest learning style. Combination learners will have a balance between the areas of their strengths.